





ACTIVITY BOOK FOR CHILDREN (4-5 YEARS)



Ministry of Women and Child Development Government of India New Delhi

SEPTEMBER, 2017

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What is this activity books all about?

This is a prototype of an activity book which can be used as a guide while developing state specific activity books for 4- 5 year old children. This prototype includes worksheets which support the development of fine motor, creative, cognitive, emergent literacy and numeracy skills for young children. This activity book covers the progression of concepts and skills that are age and developmentally appropriate.

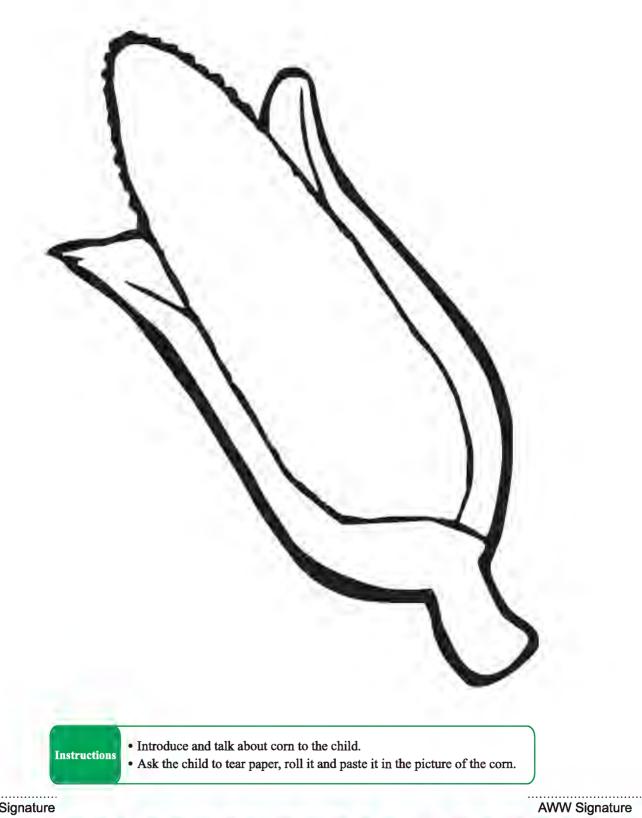
Adaptation guidelines

- 1) States should align this activity book with the state ECE curriculum.
- 2) Activities should be planned to reinforce spiral and graded learning while catering to all domains and skills.
- 3) Contextually relevant pictures, letters and words may be added during adaptation.
- 4) Incorporating themes in every activity sheet is not necessary.
- 5) The Anganwadi Worker should be given orientation during training on the content of the activity book and how it can be used in the classroom to foster children's learning and development needs, not as a substitute for but as a supplement to other interactive group and individual activities.
- 6) The assessment cards should be linked with the activity book so that Anganwadi Worker can observe some related indicators and use the child's output for assessment, in addition to other forms of assessment.

Do's and Don'ts in use of activity books (For Anganwadi Worker)

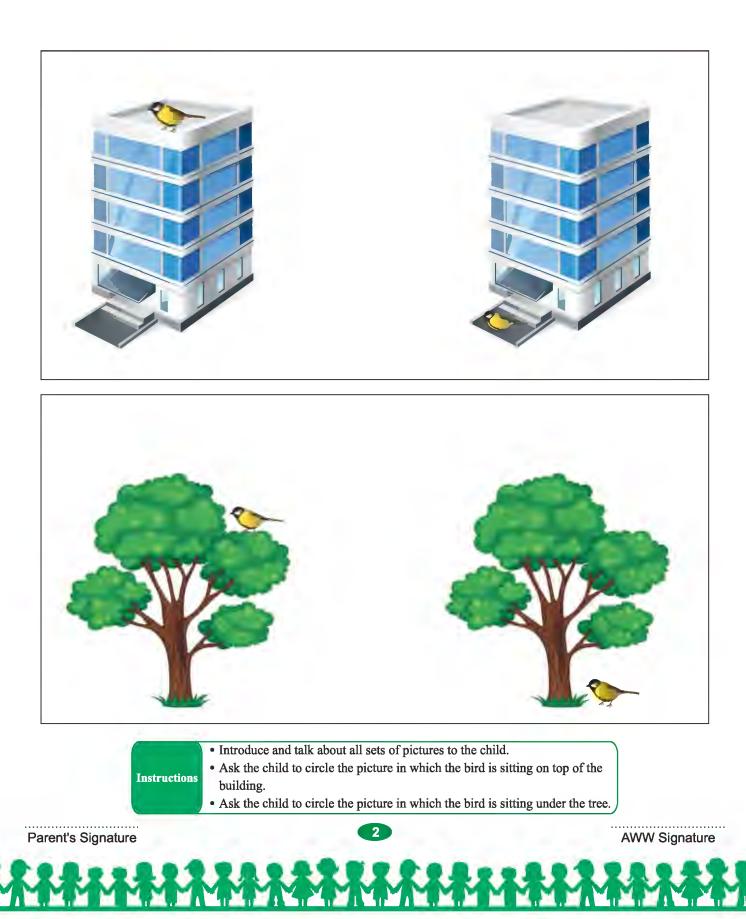
- 1) Please note that activity book should not be seen as a replacement of classroom processes, but only as a means to reinforce concepts. Children learn concepts and vocabulary through a process of first engaging with the environment, with objects, with other persons and with materials through concrete activities and experiences. Then only can they transfer that learning to the next level by engaging with symbolic representation of these objects/experiences through pictures and symbols, for which activity books are helpful.
- 2) Be flexible and conduct a given activity according to the child's needs and pace of learning.
- 3) Please don't force young children to complete the worksheet neatly or within a stipulated time. Allow them to do their best in their own preferred way, since each child has different interests and abilities.
- 4) It is advised not to use activity books every day. Two worksheets per week are enough to engage young children.
- 5) Talk about the worksheet first and give clear instructions to children.
- 6) Please show the activity books to parents which will help them gain an understanding of an age appropriate program as well as insights on their child's progress.
- 7) Do not grade children or allocate marks since the child should not feel that they are being tested while working on the activity book.

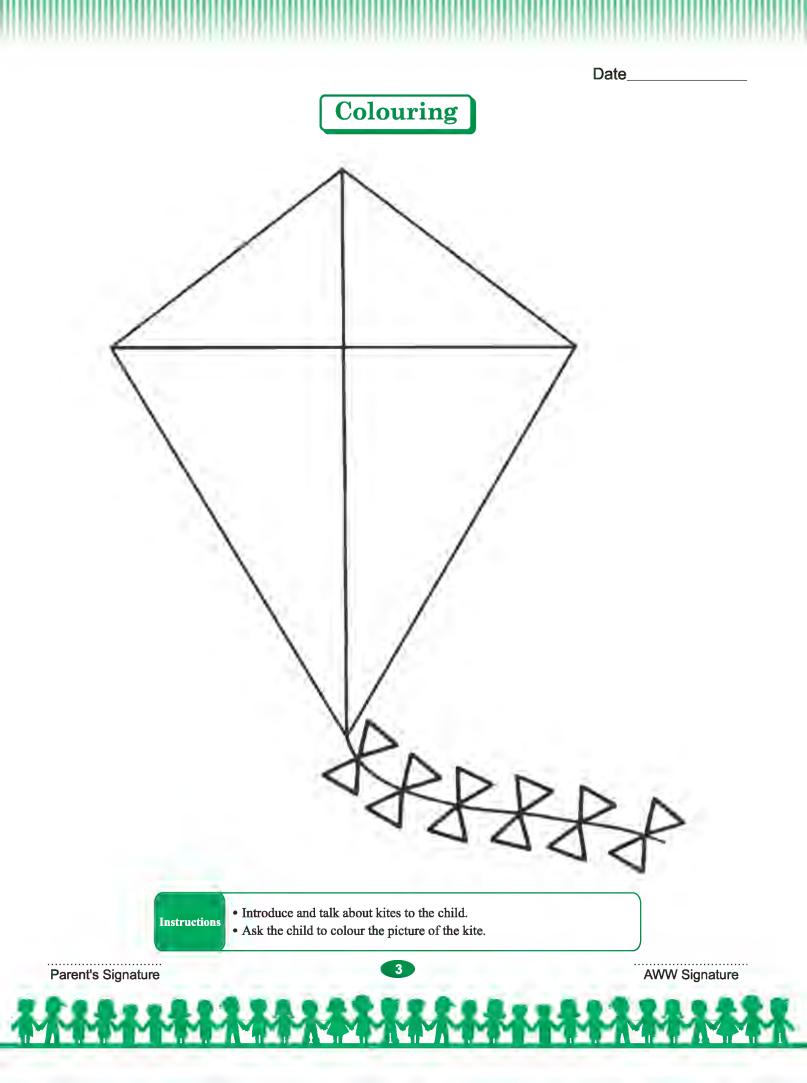




Parent's Signature

Concept of Space





Concept of Distance



Free Drawing

Instructions

Ask the child to draw anything s/he feels like. Write the name of the object drawn by the child and talk to her/him about it.

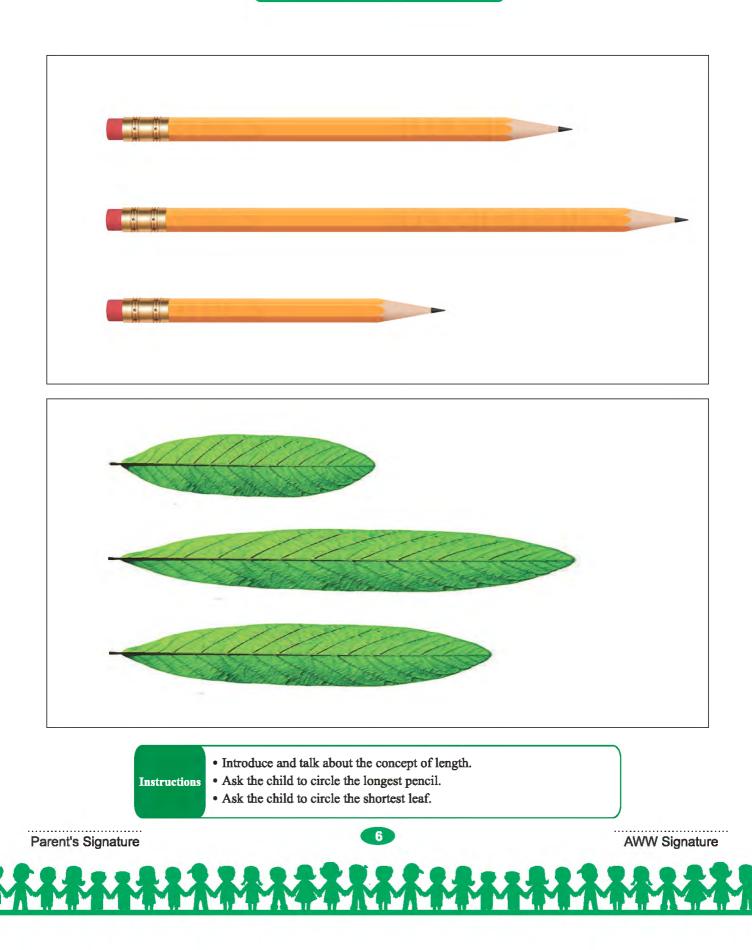
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Parent's Signature



Date

Concept of Length



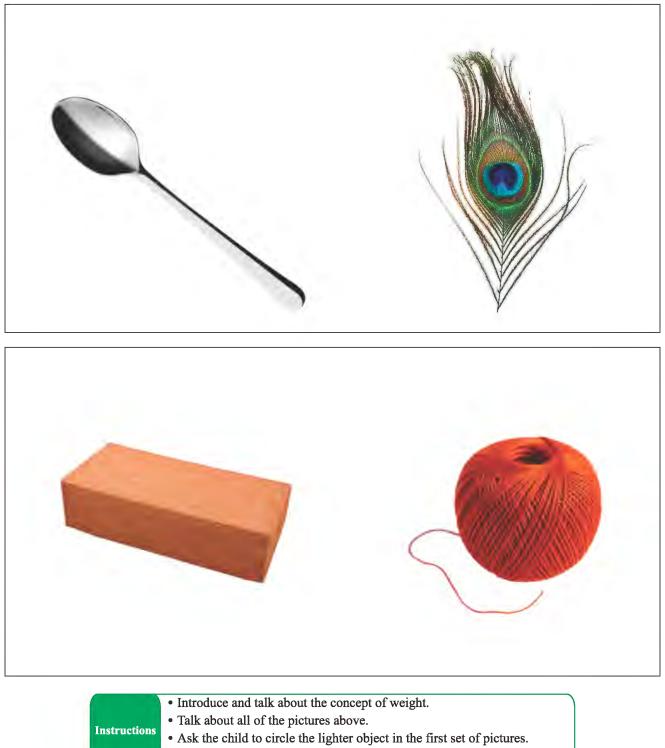




Concept of Colour – Green



Concept of Weight



• Ask the child to circle the heavier object in the second set of pictures.

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Parent's Signature



Free Drawing

Instructions

• Ask the child to draw anything s/he feels like.

• Write the name of the object drawn by the child and talk to her/him about it.

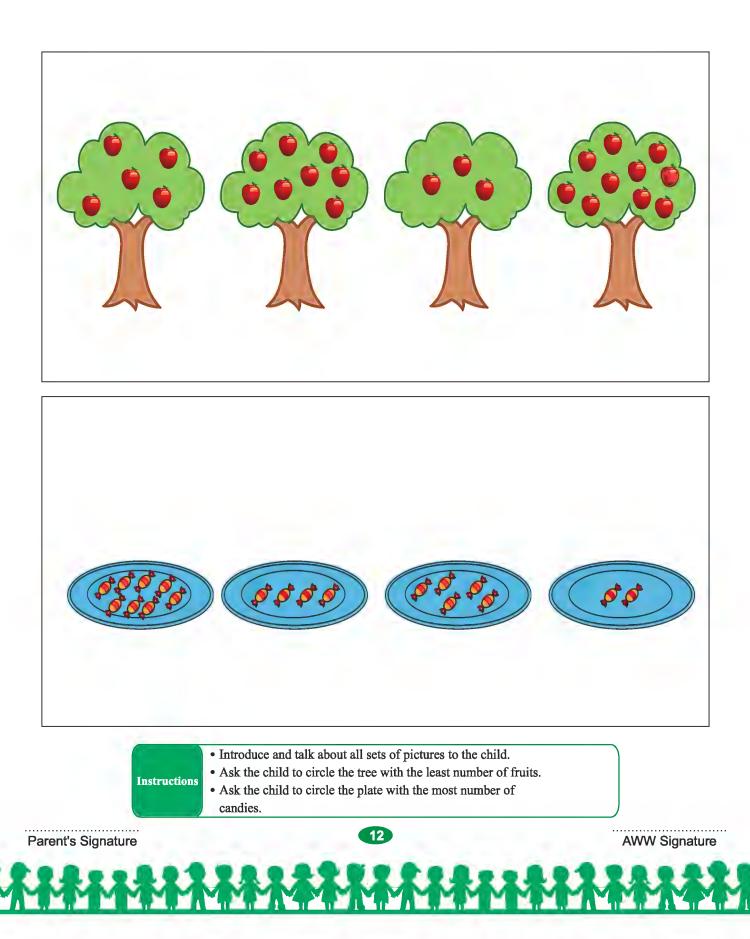
10

Parent's Signature

Classification - Vegetables and Fruits



Concept of Numbers



AWW Signature

Free Drawing

Instructions

• Ask the child to draw anything s/he feels like.

• Write the name of the object drawn by the child and talk to her/him about it.

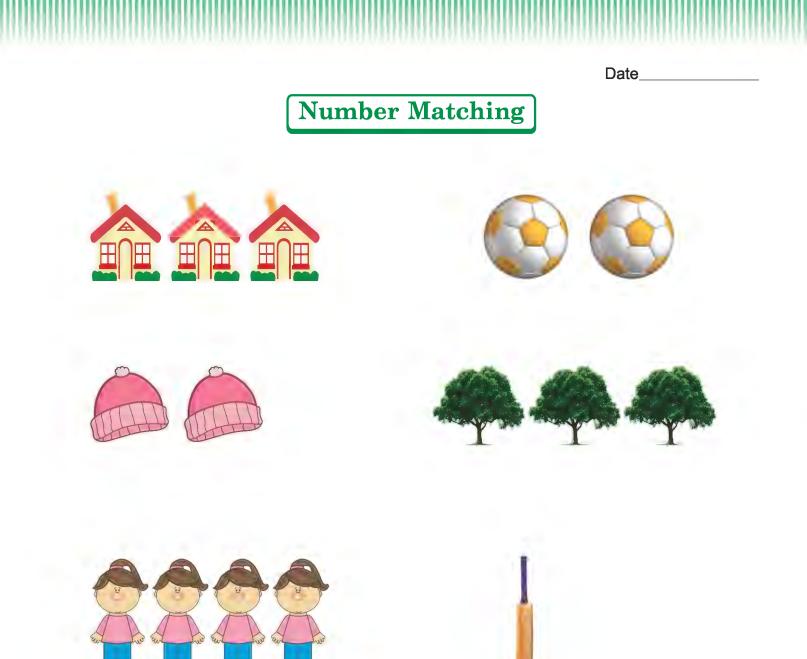
13

Parent's Signature

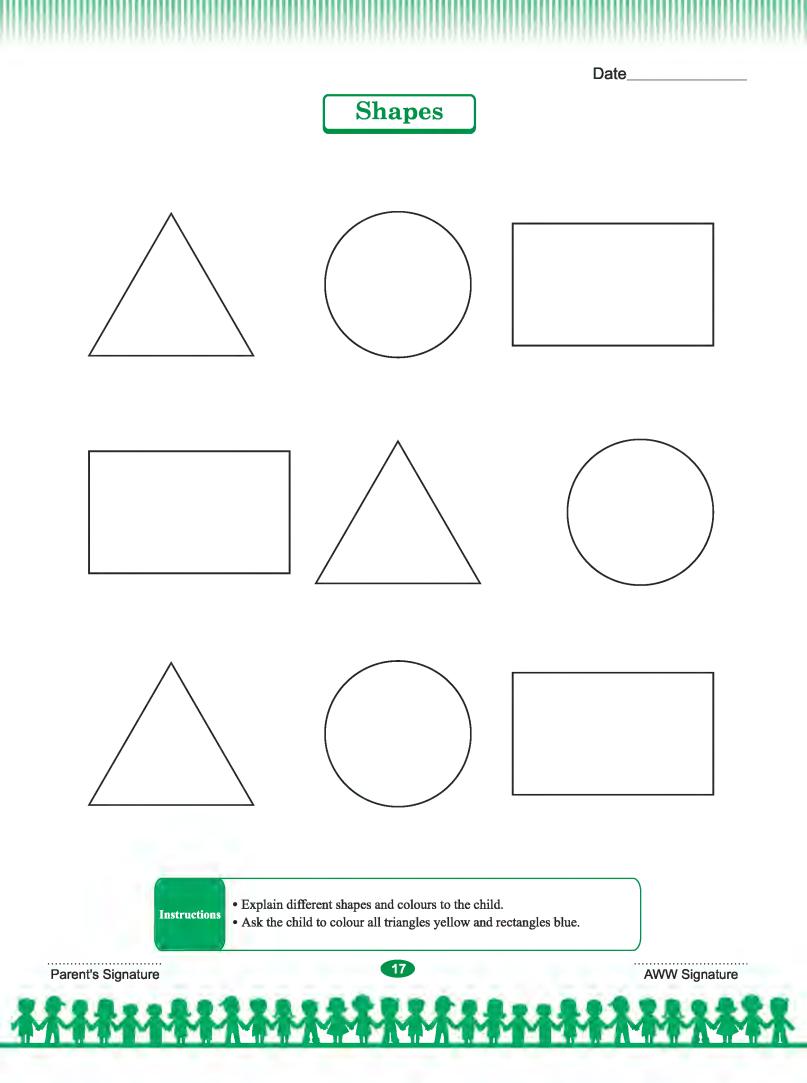
Functional Association







Instructions • Introduce and talk about all of the pictures to the child. • Ask the child to count and match objects of similar numbers with each other. Parent's Signature





Instructions
Introduce the picture of the hen, chick and the path within the maze.
Ask the child to take the chick to the hen through the path while not touching the borders.

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Parent's Signature

Concept of Width





Free Drawing

Instructions

• Ask the child to draw anything s/he feels like.

• Write the name of the object drawn by the child and talk to her/him about it.

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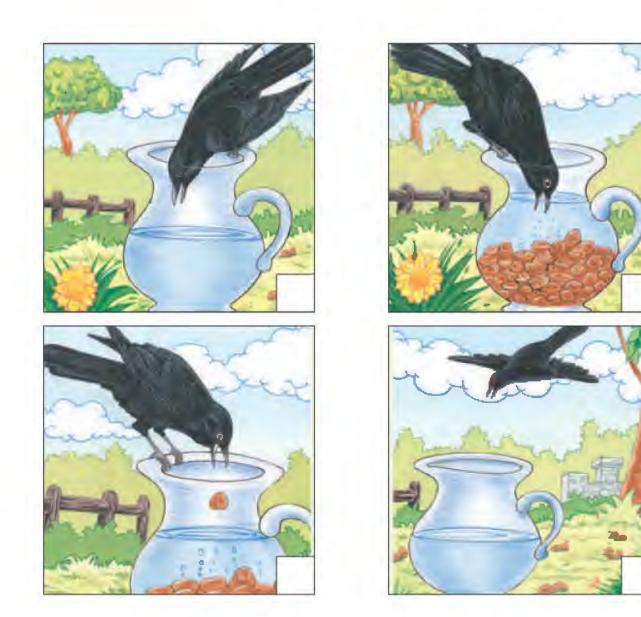
Parent's Signature



Concept of Colour – Orange



Sequence of Events



• Tell the story of the thirsty crow.

Instructions • Introduce and talk about all of the pictures above.

• Ask and assist the child to number the sequence of events in the story.

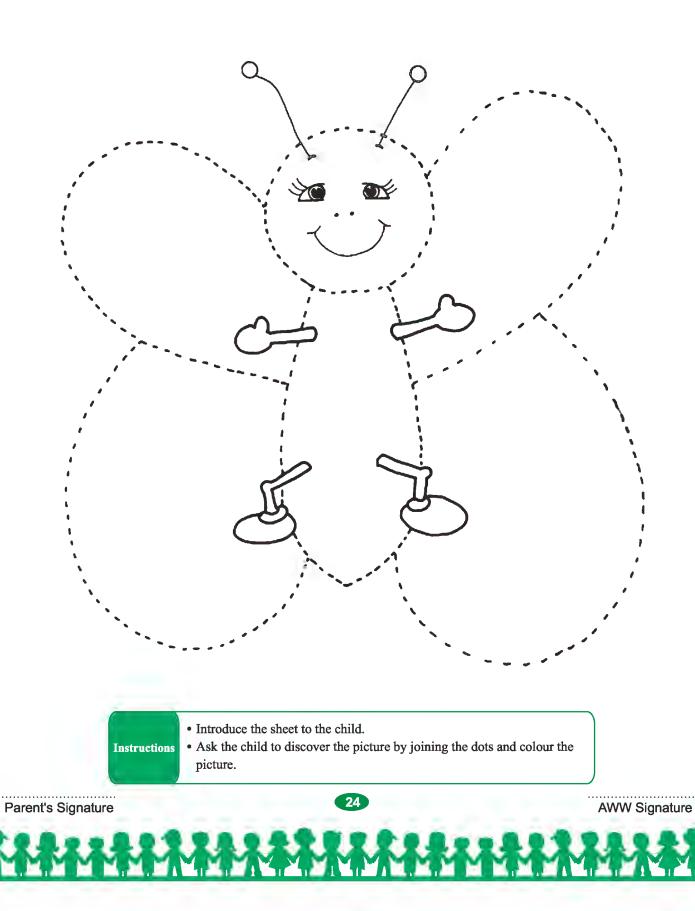
22

Parent's Signature

Classification- Flying and Non-flying



Trace and Colour

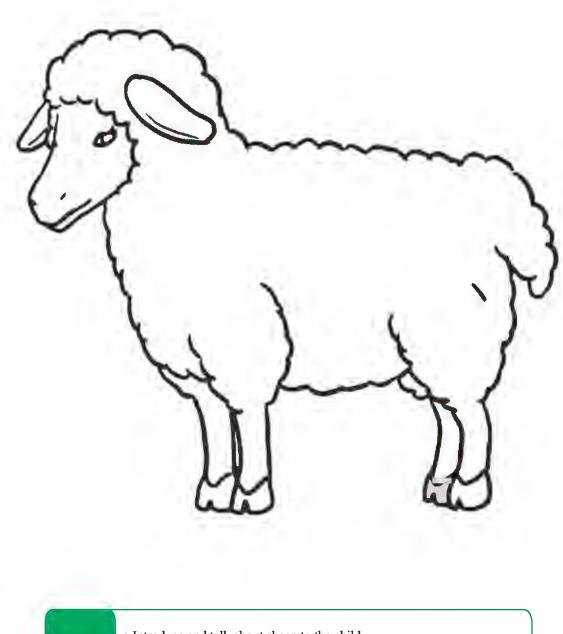


Date_ Number Matching • Introduce and talk about all of the pictures to the child. • Ask the child to count and match objects of similar numbers with each Instructions other. AWW Signature 25

Parent's Signature

AWW Signature





Instructions

• Introduce and talk about sheep to the child.

• Ask the child to paste cotton in the picture of the sheep.

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Parent's Signature

Concept of Weight



- Talk about all of the pictures above.
- Ask the child to circle the lighter object in the first set of pictures.
- Ask the child to circle the heavier object in the second set of pictures.

Parent's Signature

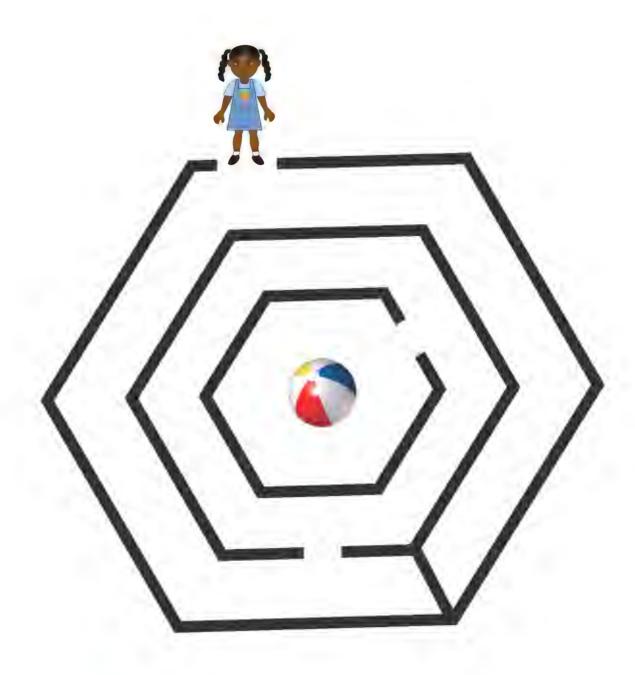
Instructions

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Problem Solving (Maze)

Date_

AWW Signature



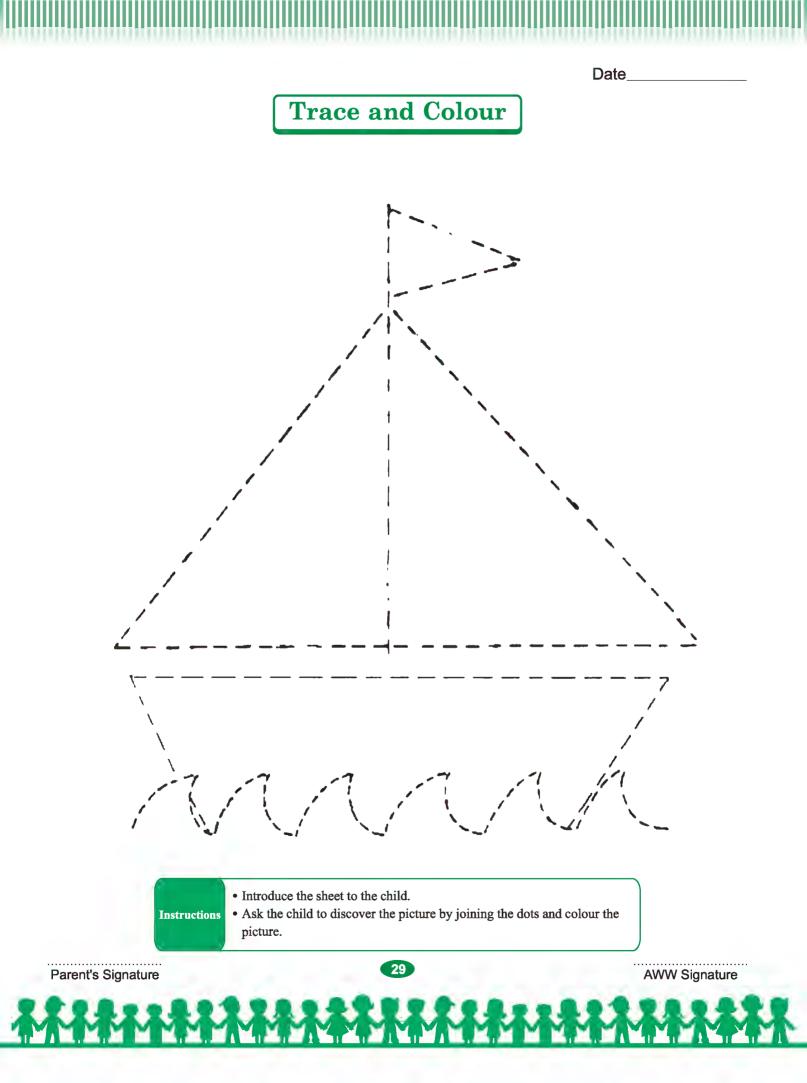
• Introduce the picture of the girl, ball and the path within the maze.

Instructions • Ask the child to take the girl to the ball through the path while not touching the borders.

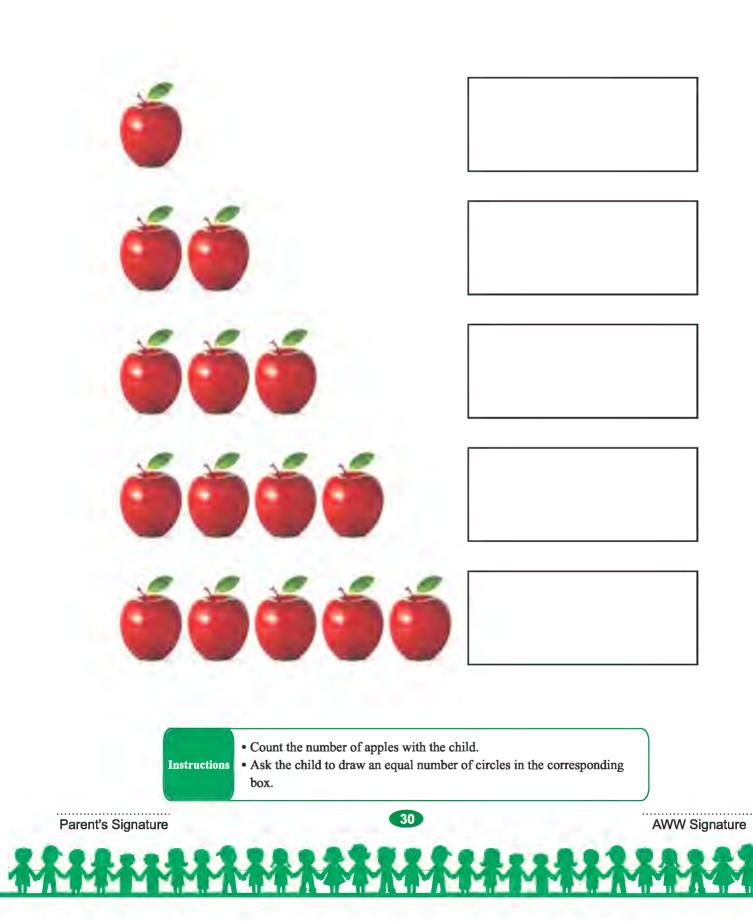
28

Parent's Signature

71 10 10 10 10 10 10 10 10

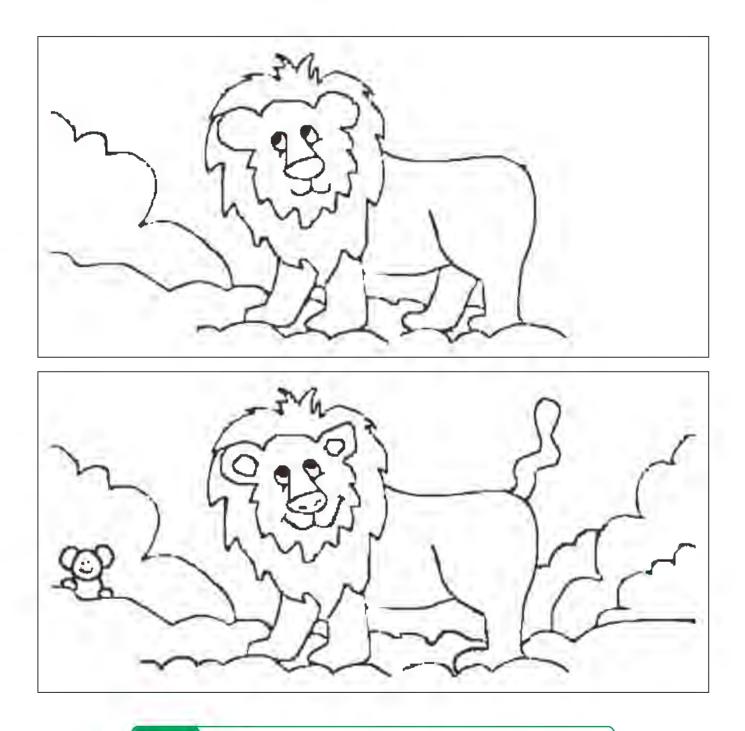


Count and Draw



AWW Signature

Spot the Difference



Instructions

• Introduce and talk about the picture to the child.

• Ask the child to spot and circle the differences between two pictures and colour the complete picture.

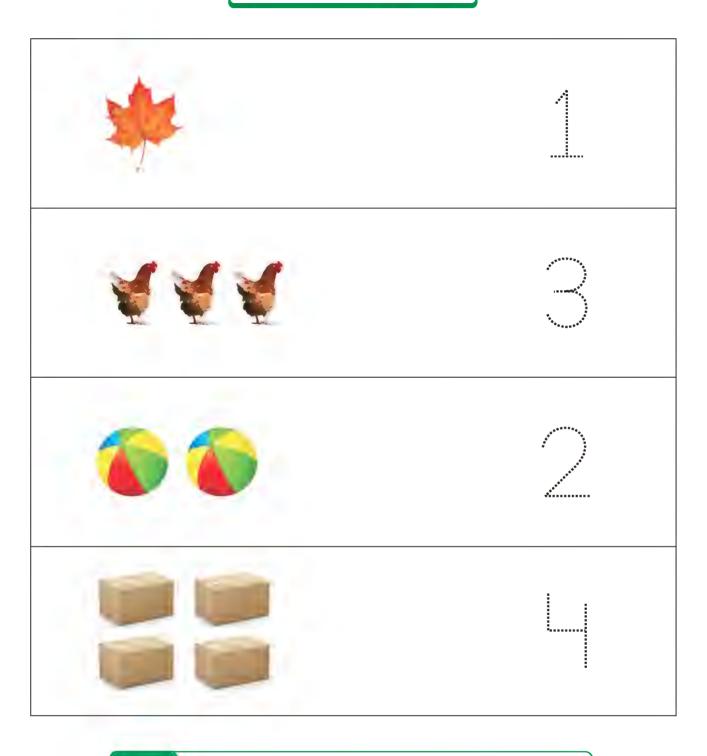
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Parent's Signature

Concept of colour – Purple



Count and Trace



• Introduce the numbers and explain the relationship between the number of objects and the number.

• Ask the child to trace the number of the given objects in each box.

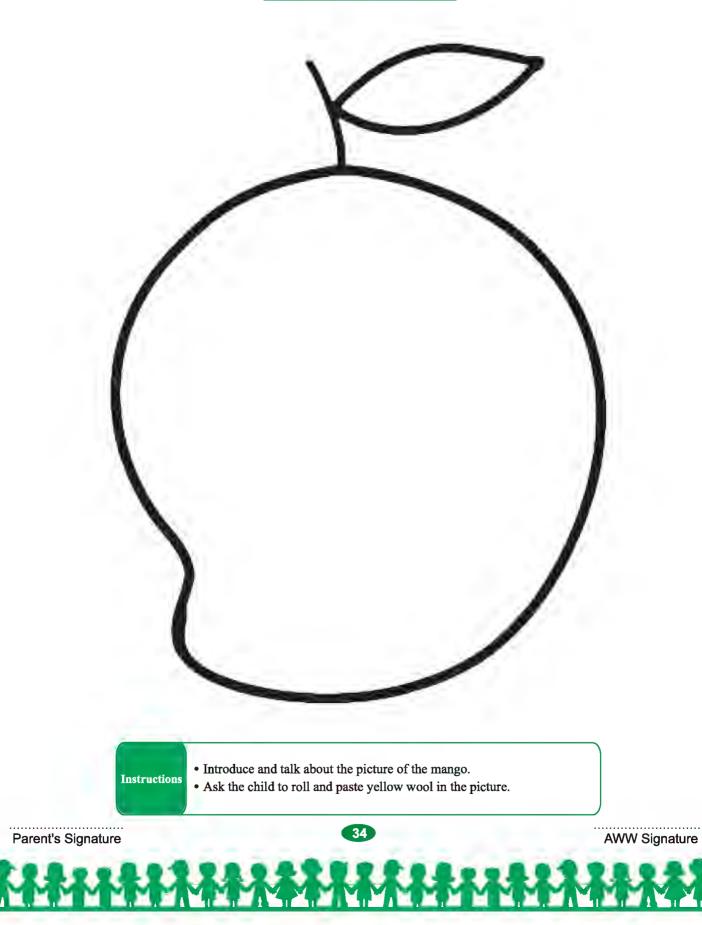
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Parent's Signature

Instructions

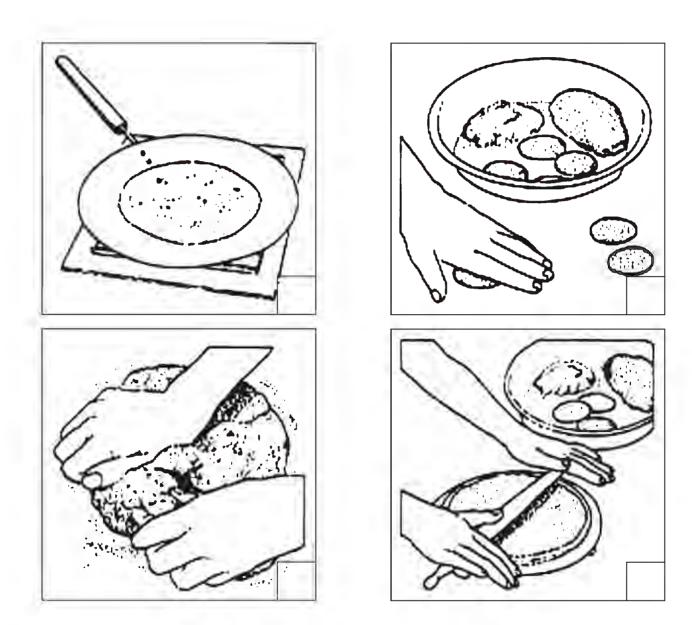






AWW Signature

Sequence of Events



• Introduce and talk about all of the pictures above.

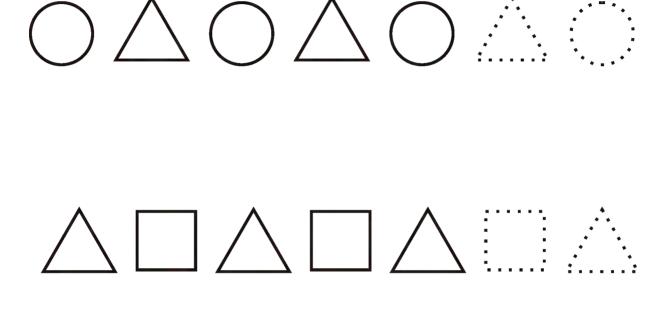
- Instructions Talk about the process of making a chappati.
 - Ask and assist the child to number the sequence of events.

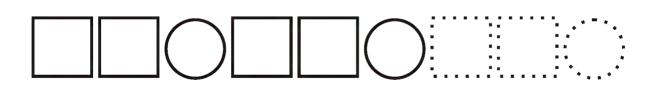
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Parent's Signature

Pattern Completion

Date_





Instructions

• Explain the pattern to the child by establishing that the set of different shapes is getting repeated.

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• Ask the child to trace and complete the pattern.



Free Drawing

Instructions

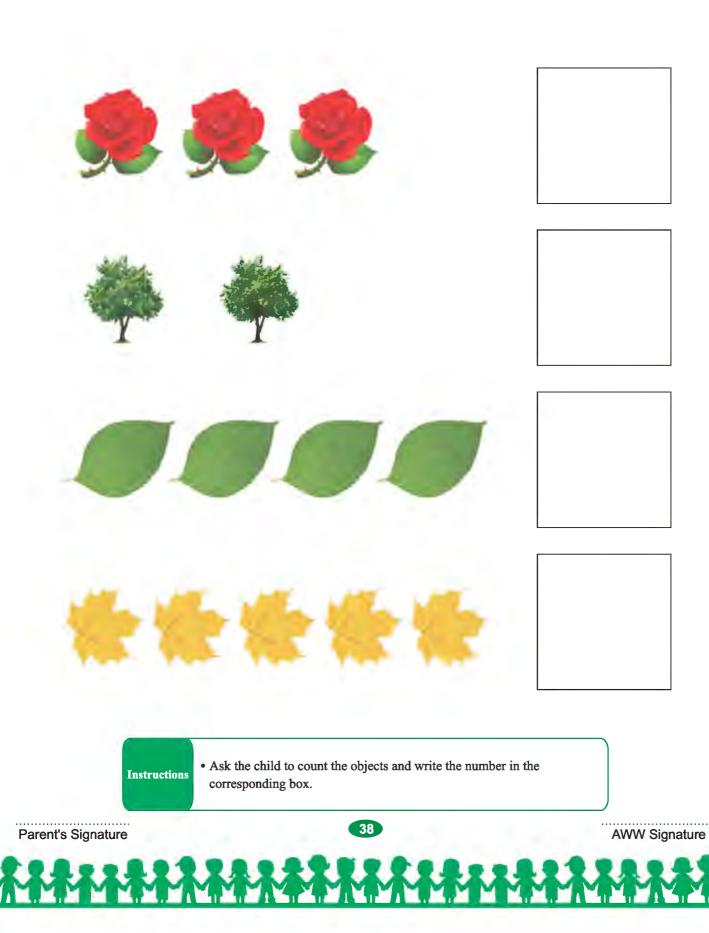
• Ask the child to draw themselves.

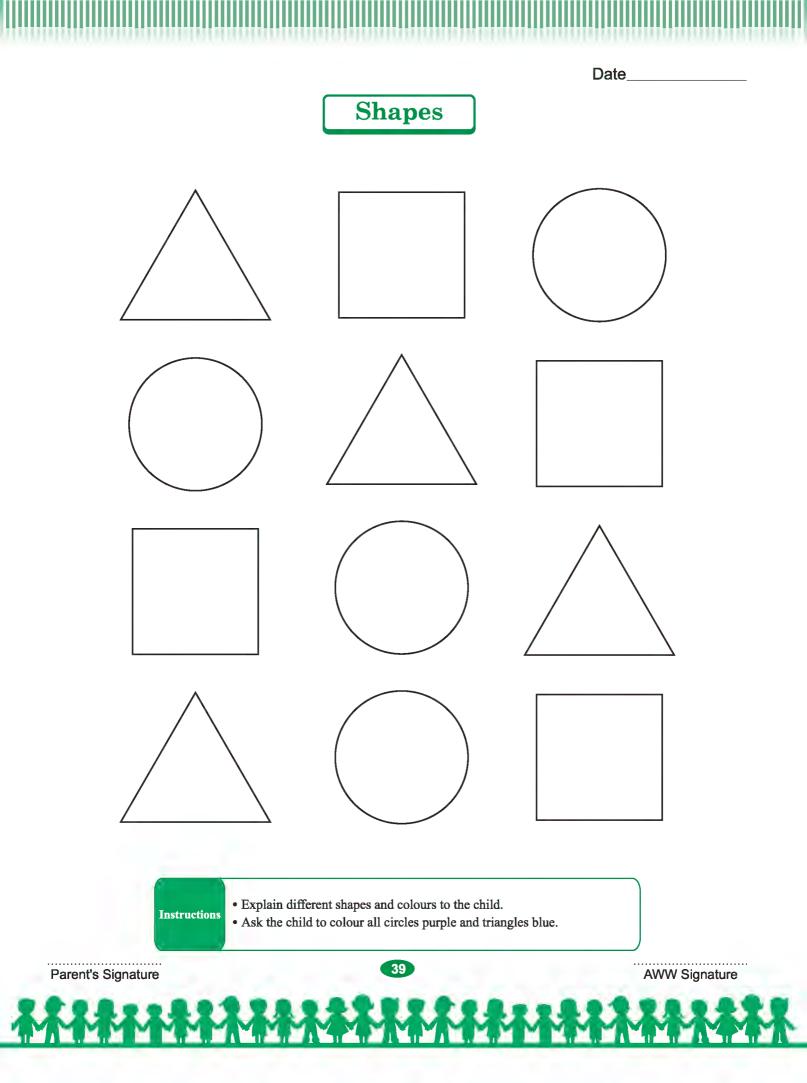
• Write the names of the body parts drawn by the child and talk to her/ him about them.

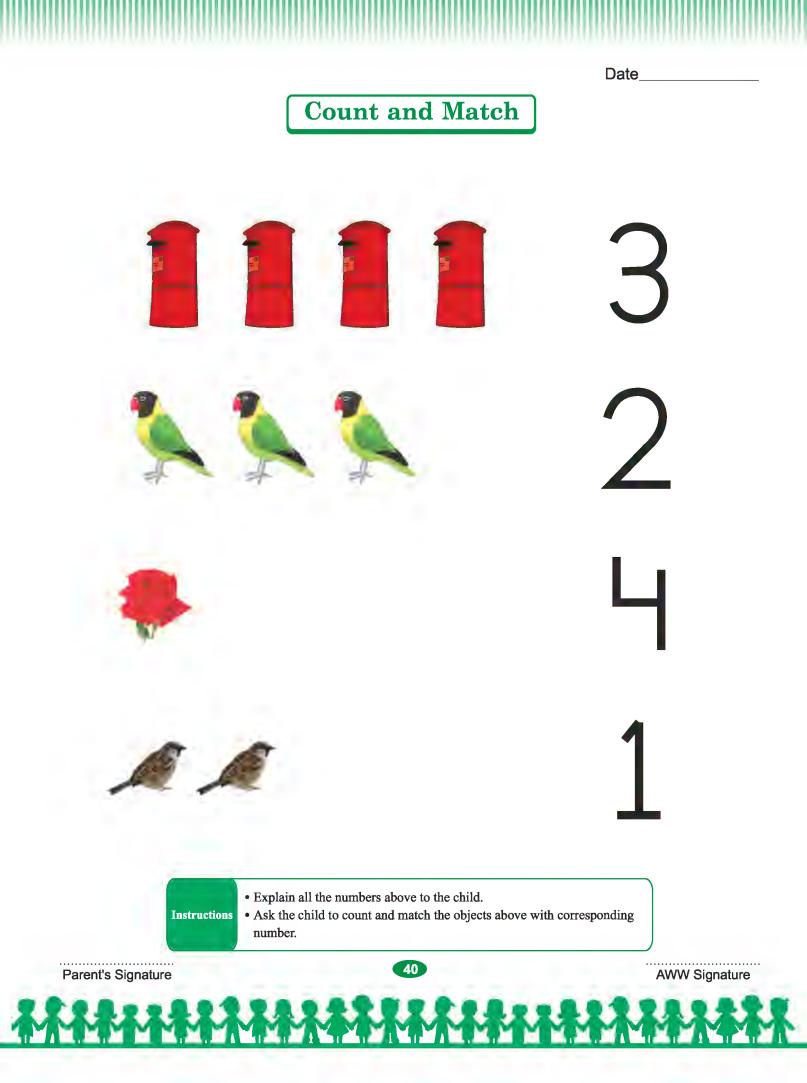
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Parent's Signature

Count and Write

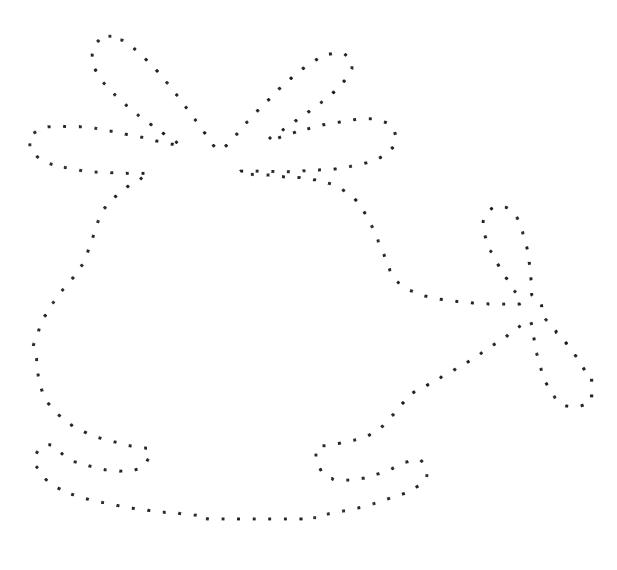






AWW Signature

Trace and Colour



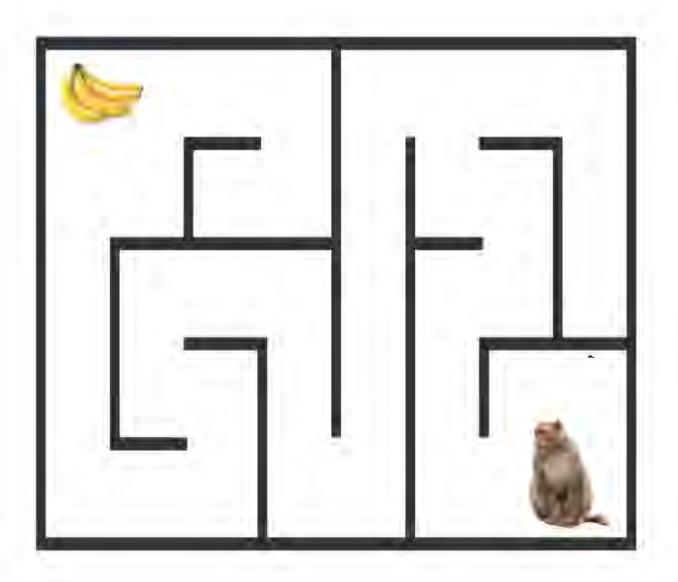
Instructions

Introduce the sheet to the child.Ask the child to discover the picture by joining the dots and colour the picture.

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Parent's Signature

Problem Solving (Maze)



Instructions

• Introduce the picture of the bananas, monkey and the path within the maze. • Ask the child to take the monkey to the bananas through the path while not touching the borders.

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Parent's Signature

AWW Signature

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AWW Signature

Free Drawing

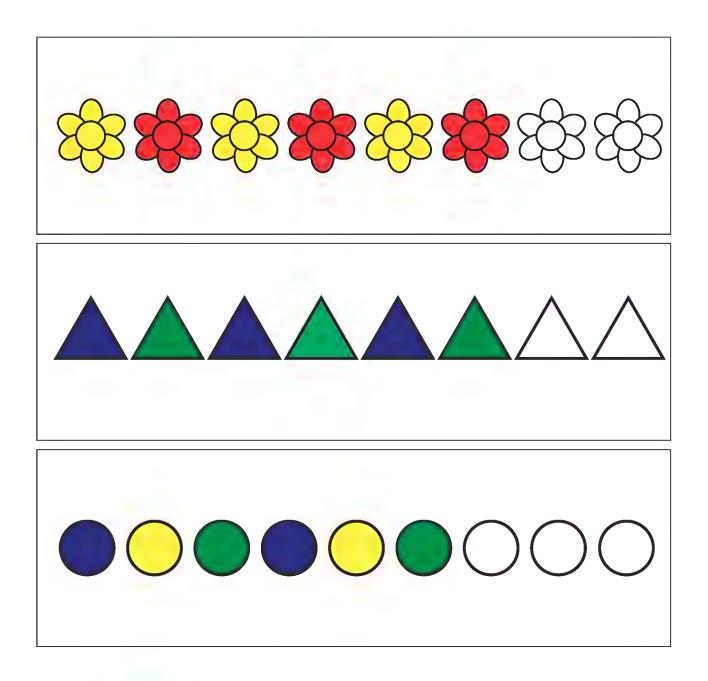
Instructions

Ask the child to draw anything s/he feels like.Write the name of the object drawn by the child and talk to her/him about it.

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Parent's Signature

Pattern Completion



Instructions

• Explain the pattern to the child by establishing that the set of different shapes is getting repeated.

• Ask the child to complete the pattern by colouring.

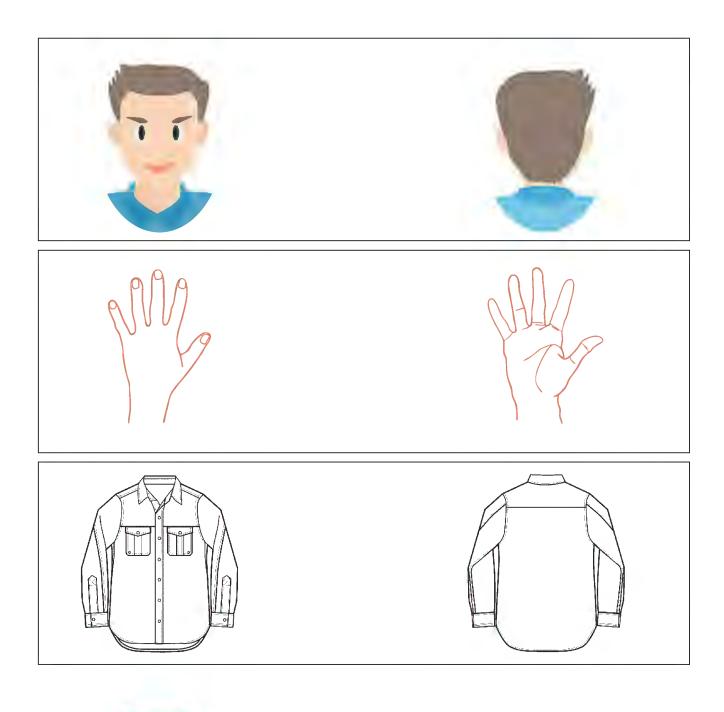
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Picture Sound Matching



Concept of Position



- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the back of the head.
 - Ask the child to circle front side of the hand.
 - Ask the child to circle the front side of the shirt.

Parent's Signature

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Date_ **Count and Match** • Explain all the numbers above to the child. • Ask the child to count and match the objects above with the Instructions corresponding number. Parent's Signature 47 AWW Signature



Free Drawing

Instructions

• Ask the child to draw anything s/he feels like.

• Write the name of the object drawn by the child and talk to her/him about it.

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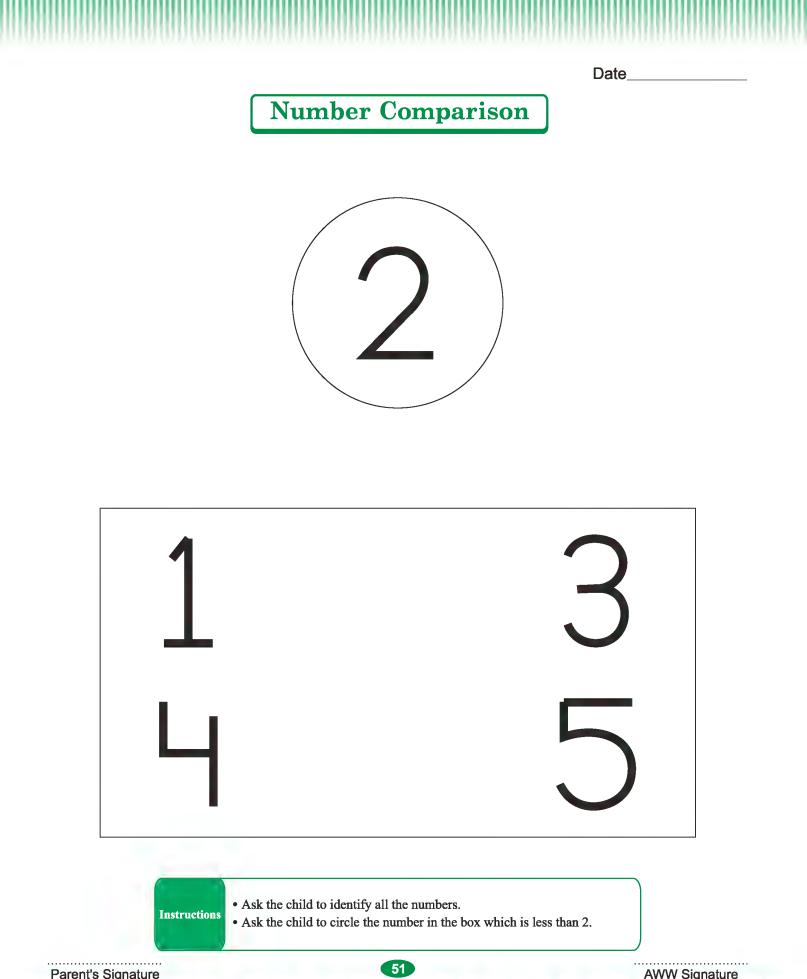
Parent's Signature

Colour Matching



Count and Write





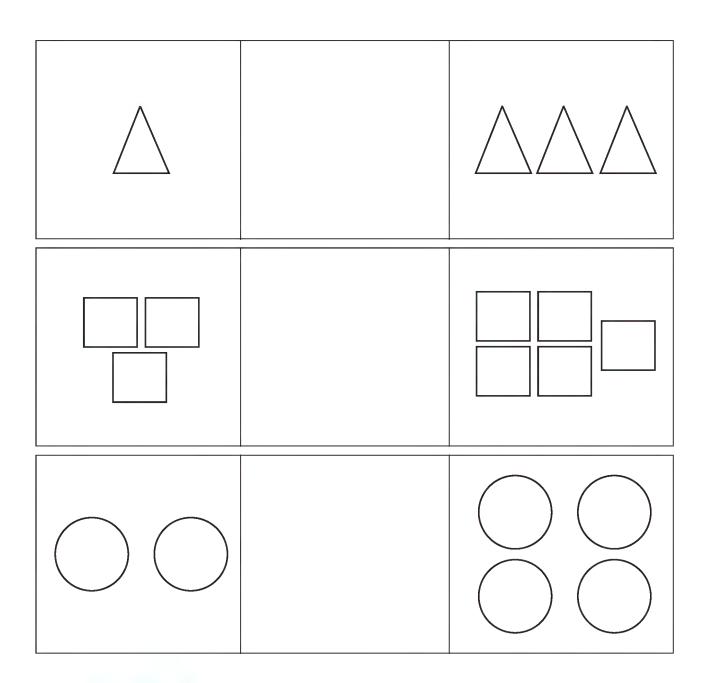
Parent's Signature

Picture Sound Matching





Missing Number



- Talk about the number of shapes in each box above.
- Ask the child to draw the number of shapes in each blank box following the sequence.

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Parent's Signature

Instructions

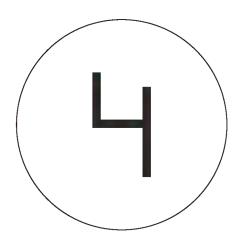
Picture Sound Matching





AWW Signature

Number Comparison



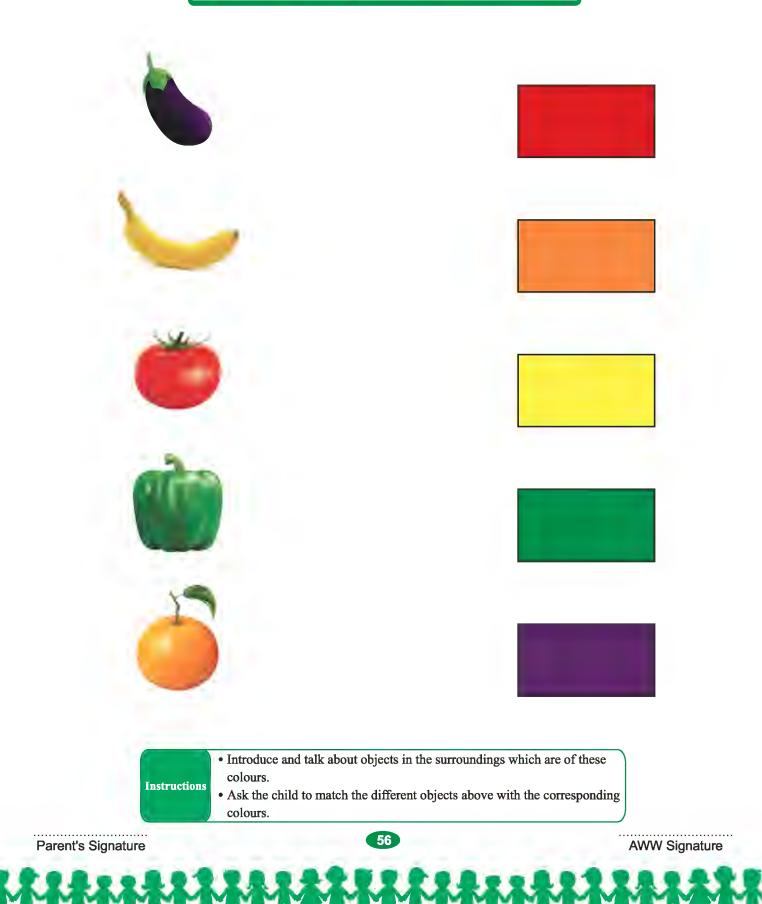


Instructions
• Ask the child to identify all the numbers.
• Ask the child to circle the number in the box which is greater than 4.

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Parent's Signature

Colour and Object Matching



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